

Ah

# All human

European Agency Awards 2024 - **Best Agency Culture**

# Support

# Employee wellness

*“There are no off-the-shelf solutions; in the one-to-one sessions, the focus is on me and my strengths and weaknesses, helping me achieve my goals and exceed my own expectations.”*

- an All human employee

# Professional Wellness Coaching & Yoga



Aoife Healy, Professional Wellness Coach and  
Yoga instructor

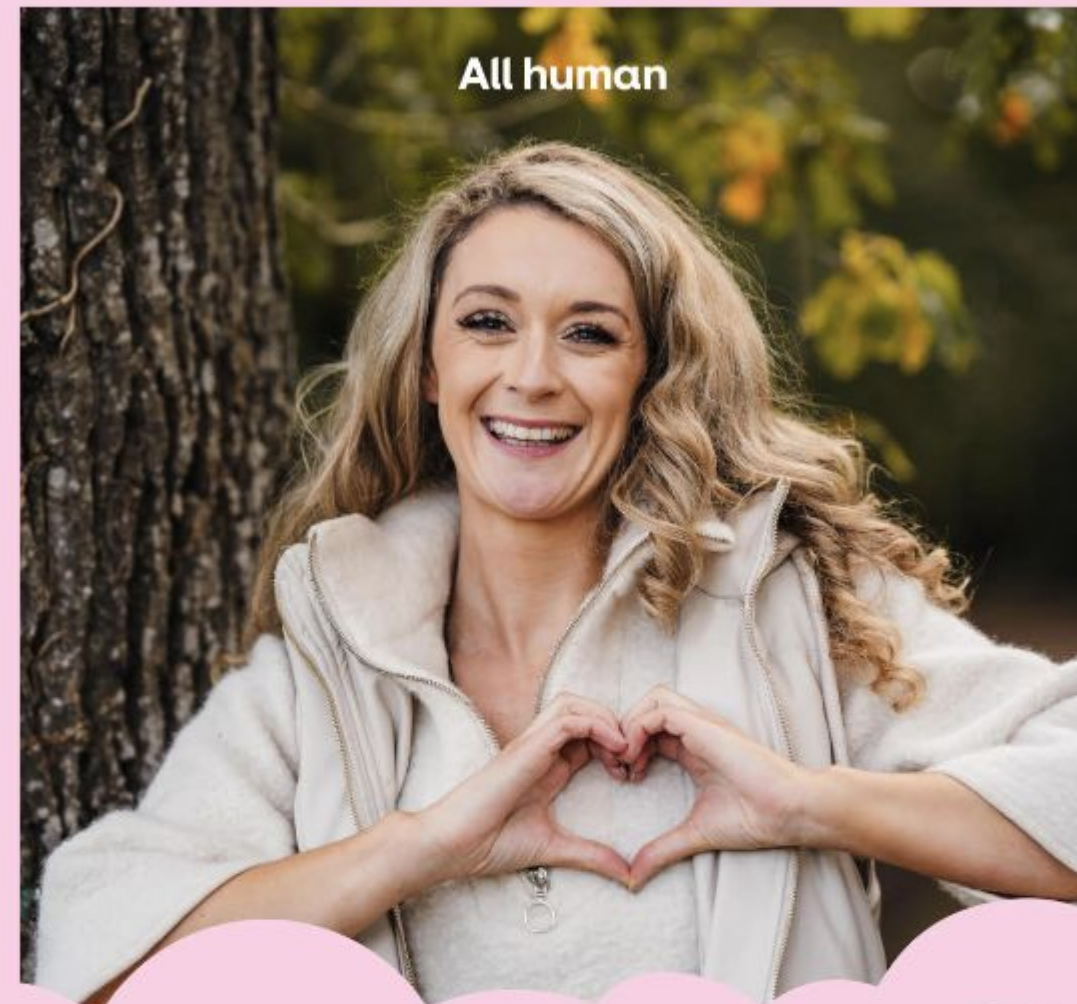
# Wellness community



## Supercharged Goal Setting

Wednesday 26th June @ 12.00pm

We welcome you to join this inspiring lunch and learn around setting and achieving goals, with **Professional Wellness Coach Aoife Healy**, further details to follow. As always, all wellness activities are open to all staff and contractors using the Timesheet Key [AHH-144](#).



## Fill your Cup Breathwork & Seated Stretch

14th February 10.30am - 11.00am



## 'How to Self-Motivate' Workshop

Wednesday 13th March @ 12.00pm

# Monthly wellness newsletter



## Wellness news

### Group Mindset & Check-in - 'Fall into Focus'

Aoife's recent **'Fall into Focus'** session embraced the changing seasons as an opportunity for personal growth. Recognise that seasons change - it's okay to let go of past habits or goals that no longer serve you. Here are some key reminders to help you navigate through the season of change.



### Cookalong with Aoife, 21st September

The wonderful Aoife Healy will host a virtual Cookalong on Thursday 21st September at 12.00pm. All are welcome to join in on the fun, whether you will cook with Aoife or just observe as a wellness time out.

Monthly news and wellness updates in our staff newsletter

# Reconnect Days

As a remote-first agency, we are acutely aware of the importance of devoting time to actively “connect” with one another.

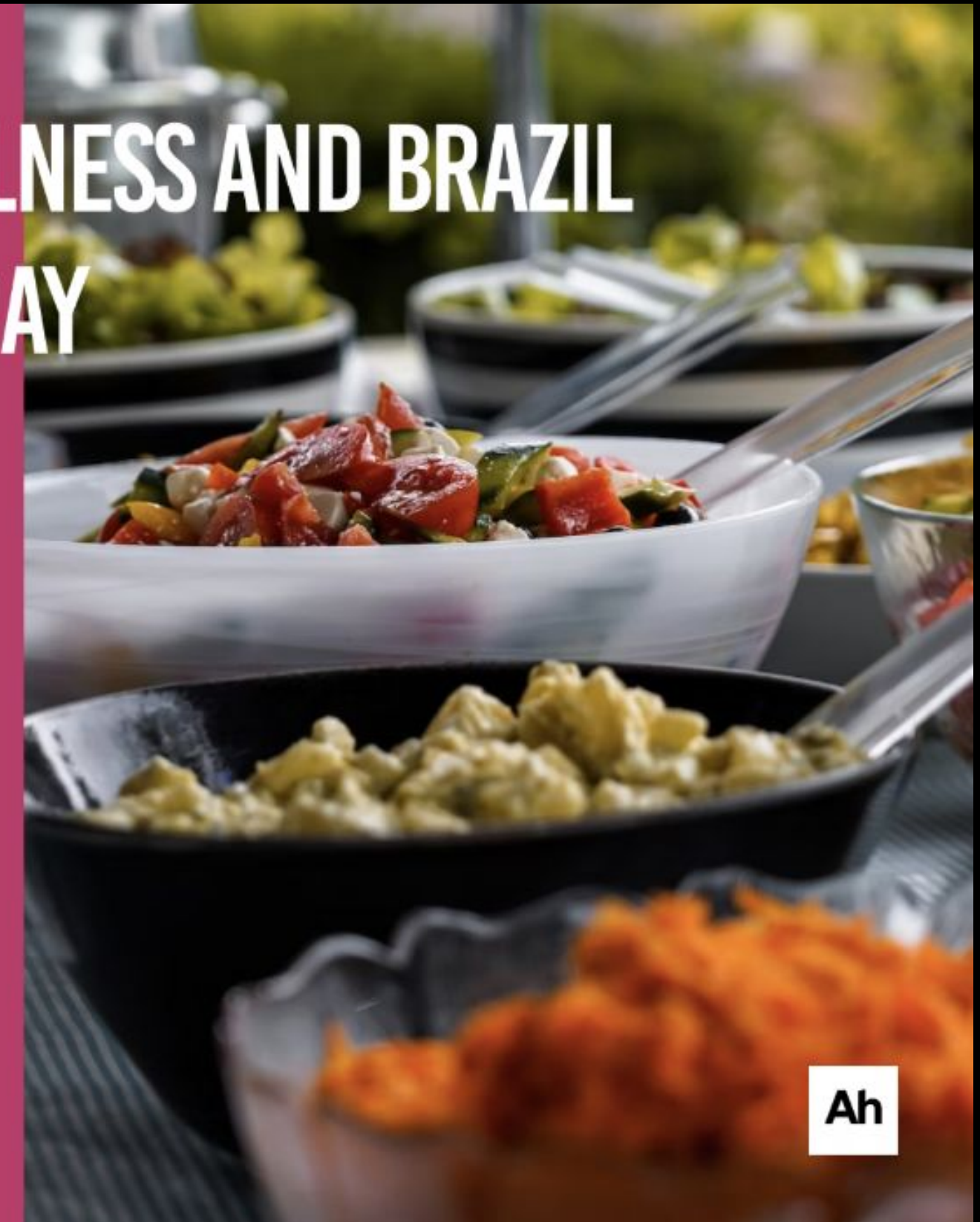
Our latest Reconnect Day in Dublin included a live sound bath with Barbara Brennan, followed by a sleep hygiene session with Anne Marie Boyhan from The Sleep Care Company.

To celebrate Brazilian Independence Day, two of our Brazilian employees introduced us to their culture, history, and food. All of which was excellent, especially the tapioca crepes!

## RECONNECT WELLNESS AND BRAZIL INDEPENDENCE DAY

Join us 5th  
September in  
Westland Square

[allhuman.com](http://allhuman.com)



Ah

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# Reconnect Days



Tasty lunch treats



Making smoothies



# Recognition and reward

# Team praise



## Congratulations

Huge congratulations to Ashling Smith on completion of her Masters in UX Design.  
Well done Ashling! We hope you are enjoying celebrating this massive achievement!! :)

## Promotions

Huge congratulations to:



**Andre Gonçalves**

recently promoted to Principal UI Designer!



**Lara Nagle**

recently promoted to Lead Product Designer!



**Niamh Cloak**

recently promoted to Head of Client Solutions!

# Team praise

Shoutouts 2024

We drive business growth by creating experiences that people love. Ah


# Shoutouts

← →




**Christopher Duffy to Tony Feltham**

Thanks for being such an excellent dev partner. I'm really happy with how we've been collaborating to solve problems from a front-end and back-end perspective for the benefit of the project as a whole.




**Christopher Duffy to Andre Goncalves**

Thank you for creating such a highly detailed and well organized design system that so easily lends itself to how devs tend to think in systems making for a confident build process.



**Sarah Gleeson to Tokiko Miyazato**

A big thanks to Toki for jumping straight into the Discover Ireland moderated filter research project so quickly and for taking the pressure off us - the script is looking great and looking forward to the sessions next week!

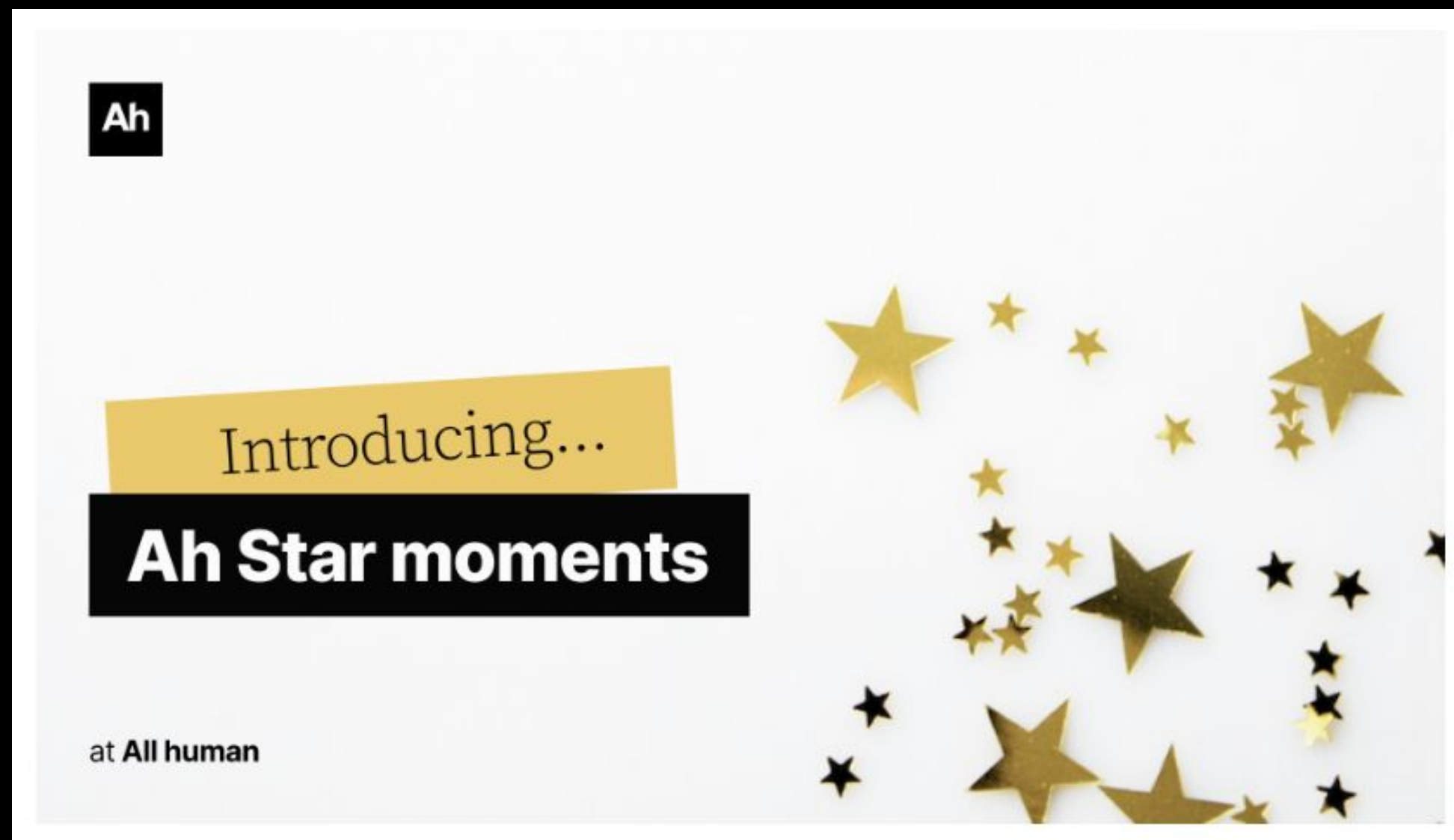


## Special Shout Outs




**Award-winning team work!**


Huge Shout Out to our superstar CRO and Digital Performance team on winning Global CRO Agency of the Year this month!! We are immensely proud of this well deserved recognition and Ah win. Well done especially to Sarah, Louise, Zonja, Lynda, John O'Dowd, Candela, and Arek.

# Real rewards



Recognition for those star moments!

 Alan O'Connor ·  Jasmin Luka 

  
Star

Sharing a star with Jasmin. He's been a constant on the AP DM project since I started and his approach is great - no fuss, no complaining, just gets on with the work. It's an approach that's appreciated by his team and client. Kudos!

4 Jul 2024 at 15:05. Visible to: everyone

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**You** 4 Jul 2024

Well done on your **Ah Star moment** Jasmin, so well deserved!

**Jasmin Luka** 5 Jul 2024

Thank you, that means a lot to me.

# Employee survey results

Here's a snapshot of the latest employee feedback and what employees say they like about working at All human:

## What they like about All human

- Friendly, helpful & supportive people
- Great teamwork & collaboration
- Diverse & inclusive workplace
- Generous training budget
- Great work environment
- Contributions are heard, valued
- Flexibility and work-life balance

## What All human offers

- Work-life balance
- Top-of-the-range equipment
- Remote & flexible working
- Wellness & social opportunities
- CSR & charity initiatives

# Promoting inclusivity in digital design is a key theme within All human



Lunch and learn session about how to ensure digital accessibility

# Promoting inclusivity in digital design is a key theme within All human

Zonja, CRO specialist and UX designer, co-hosted a recent webinar that educated organisations about the new EU Accessibility Act.

The graphic features logos for 'Ah', 'Inclusion & Accessibility Labs', and 'Digital Business Ireland' at the top left. It includes two portrait photos of speakers: Zonja St Clair (Sr CRO Specialist, All human) and Adela Buliman (QA and Customer Success Manager, Inclusion and Accessibility Labs). The event title and date are prominently displayed in the center.

**Ah** Inclusion & Accessibility Labs Digital Business Ireland

**Time is running out: How to ensure your digital assets comply with the new EU Accessibility Act**

Thursday, March 7th, 12:30pm (GMT)

**Zonja St Clair**  
Sr CRO Specialist, All human

**Adela Buliman**  
QA and Customer Success Manager, Inclusion and Accessibility Labs

allhuman.com ialabs.ie